

**SUNSET GRADUATE SCHOOL**  
**Course Reference Number: 503**  
**THEOLOGY OF CHRISTIAN COUNSELING**

**Instructor:** David Henniger, MS MFT; D. Min. (in Pastoral Counseling)

**Meeting day/time/place:** Online

**Cell:** 806-224-8542 (Call or Text)

**Email:** david.henniger@sibi.cc

**Textbook and Materials (Required for Credit):**

Collins, Gary R, *Christian Counseling A Comprehensive Guide*, (2006 edition)

Gottman, John M, and Silver, Nan, *The Seven Principles for Making Marriage Work*,

Thurman, Chris, *The Truths We Must Believe*

**Course Description:**

*Theology of Christian Counseling* will focus on the theological foundation for Christian Counseling. Specifically a biblical framework will be studied in order to assist with church members who struggle with life and the mental health areas of Depression, Anxiety, Anger, Forgiveness, Guilt, Marital Difficulties and Cognitive Distortions.

This course will aid in the preparation of a minister to have greater understanding, compassion and tools to assist church members who struggle with life and mental health problems.

**Course Requirements:**

**Note: All written submissions are to be in Microsoft Word, 12-point font, Times New Roman, double-spaced text. The final research paper should have footnotes rather than endnotes. The citation style should be either MLA or APA.**

- Research Paper is required by the end of term. The paper should contain a minimum of 10 sources, and should be 10-15 pages in length. One of following topics should be used as a guide to follow your own particular interest in this area of study: Forgiveness, Depression, Anxiety, Guilt, and Marriage.
  - Other topics may be considered at the discretion of the Instructor
  - All topics must be framed in a biblical perspective and include current recognized research and discussion.
- Two Book Reports are required by the end of term. Book reports should be over the following two required texts: *The Truths We Must Believe* and *The Seven Principles for Making Marriage Work*. Each report should be between 3-6 pages reporting not only what was read but personal reflections on each title.

- Discussion Questions for each online topic will be posted. These will determine class participation and should be submitted when completed, but are due at the end of term. Discussion for each topic will include required reading out of *Collins*, and will likely include links to videos and other resources. The links will be free but will be needed to respond to discussion questions.

Please note: class topics and discussion questions will be posted by the dates posted in the Course Outline below.

## Grading System

Class Participation/ Discussion Questions	35%
Book Reports	30%
Research Paper	35%

## Grading Scale

90 and above	A
80-89	B
70-79	C
60-69	D
60 and below	F

## Course Outline

September 8	Course Begins (Overview of Christian Counseling)
September 18	Continued Discussion and Overview
September 28	Depression and Anxiety
October 9	Forgiveness and Guilt
October 19	Marriage and Family
October 27	TBD
December 9	All Course Requirements are due